



# HAVE YOU LOST A LOVED ONE TO SUBSTANCE USE RELATED HARMS?

**JOIN A SAFE, WELCOMING AND STIGMA FREE SUPPORT  
GROUP WHERE YOU CAN SHARE YOUR GRIEF JOURNEY  
WITH OTHERS WHO UNDERSTAND.**

**MOMS STOP THE HARM OFFERS  
HEALING HEARTS BEREAVEMENT SUPPORT**

Healing Hearts is a freepeer facilitated bereavement support group for individuals, families and friends who have lost loved ones to help them cope with the journey from grief to healing. Healing Hearts can help support individuals in feeling less isolated as you meet other individuals who have experienced a similar loss.

**LANGLEY HEALING HEARTS SUPPORT**

For inquiries and registration, please email:  
[healingheartslangley@gmail.com](mailto:healingheartslangley@gmail.com)

Sponsored by [momsstoptheharm.com](http://momsstoptheharm.com)