



Issue #2

Principal's Message

Hello Thunderbird Community! Students are settling in nicely to their classrooms with a lot of positive energy and learning both in the classrooms, on the courts, fields and clubs. Our Parent community rallied with a fantastic showing for our PAC Committee moving forward. Thank you to all the community agencies, parents and volunteers that help sustain our programs. The school is a vibrant place with an indigenous art project starting, post secondary institutes and future Career field trips planned. Please refer to the Calendar for a busy October ahead. Parent teacher interviews will offer scheduled appointments over two days and there will be new information regarding Report Cards for all students this year.

Due to a potential fire hazard and toxic air quality, we had to cancel our Grade 9 parent evening. Sorry for any inconvenience this may have caused. I have included a power point for information at the link below:

Grade 9 LSS Parent Evening 23.pptx

The first informal learning update is approaching the week of Oct $16 - 19^{th}$. Teachers will reach out to you either through email, phone conference, learning update reports or ask to schedule a meeting. This reporting time does not include letter grades, percentages or proficiencies.

Grade 12 students will attend an assembly on Oct 24th and parents are invited to the school to receive information at 7:00 pm on Oct 26th in the Small Gym This is a very important evening to attend as we will be providing important information regarding Graduation requirements, expectations and activities. Students are encouraged to attend with their parents.

Please let me know if you are interested in taking part in the Ensouling Schools sessions scheduled this school year with Len Pierre (indigenous activist). Food provided!

Diane Smillie, Principal

Upcoming Events

Oct 2nd: National Day for Truth and Reconciliation (students not in attendance)

Oct 6th: School Improvement Day (students not in attendance)

Oct 9th: Thanksgiving (School Closed)

Oct 11th: Terry Fox Run and

Oct 16 – 19th Learning Update (Interim Reports)

Oct 17th: Photo Retakes Gr 9 Careers Assembly

Oct 18th: School wide Assembly (Brandon Gabriel)

Oct 24th: Gr 12 Student Assembly

Oct 25th 2:00 – 4:30 pm Parent Teacher Interviews

October $26^{th} 2:00 - 7:00 \text{ pm}$

October 26th 7:00 pm Gr 12 Parent Evening







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SCHOOL PHOTOS: RETAKES OCTOBER 17th



Your packages have arrived!

Don't forget.

- It's not too late for students to order. They can still get free shipping if they order before October 24, 2023.
- If you are missing a package, it might be because they ordered after the deadline. This means we'll be shipping the order with the retake packages.
- If there are any questions or customer issues, please let them know they can get in touch with our CS team. They're available by live chat, email and phone seven days a week.









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PARENT ADVISORY COMMITTEE

Thank you to all the families who came to the September 25th PAC Meeting. We called and you answered. We now have all executive positions including Members at Large filled. All are welcome to the meetings will be held on the 3rd Monday of every month (with exception of holidays in which they will move to the 2nd Monday). We are now in a position to apply for gaming funds which helps support the school. Thank you for offering your precious time on behalf of LSS!

TERRY FOX RUN

We have started our fundraising for the Terry Fox Run. Our event will be running October 11th. If you would like to donate to the event we have 2 online options this year. You can donate to our school page on the Terry Fox Foundation website. A good option if you would like a tax receipt: https://schools.terryfox.ca/LangleySecondary

Or you can donate by school cash online with the following link: https://sd35.schoolcashonline.com/Fee/Details/51628/111/False/True









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YOUNG THUNDERBIRDS (CLASS OF 2027!)

A great start to the year with our grade 9's seeing old friends, meeting new friends and getting to know their way around high school. Welcome!



ATHLETICS

Volleyball, Boys Soccer, Cross-Country and Football seasons have started! The cross-country team had a solid outing in their first meet at Aldergrove Regional Park. We had eight student-athletes in the field, and you can see our top finishers in each age category below! The volleyball season started in a hurry, with the girls having four games in two days! Their schedule is posted; come out to support the team! Finally, after being tied at half-time 7-7, the Football team finished off their defensive battle by beating the Abbotsford Sr. Panthers 21-14! This is the Thunderbird's 1st win of the season, and they improved to 1-0 in the standings! They play tonight in their home opener vs. Mission Secondary!







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POST SECONDARY INSTITUTES WERE IN THE BUILDING!

Post Secondary Day was a big success with our grade 11 & 12's attending the Career Fair and taking in two sessions of their choice to listen to what schools had to offer. Thank you to Rachel Kiers and Naomi Stuive for their help in organizing the event.



Career News:

Hello parents and students! Lots of news from the Careers Dept. Check it out at this link https://careered.sd35.bc.ca/news-events/newsletters/

We have some exciting upcoming events and opportunities we want to inform you of:

Canadian Universities Event (CUE) @ the Langley Events Centre
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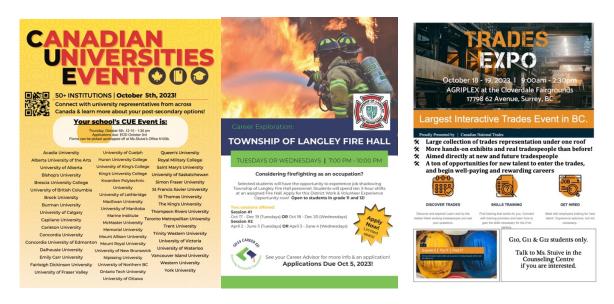
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On Thursday October 5th from 12:15 pm – 1:30pm Grades 11-12 students have the opportunity to attend the Canadian Universities (CUE) Event at Langley Events Centre. The event is free to attend and the district will be providing transportation. There will be representatives from 50+ institutions present. Application forms can be picked up from Ms. Stuive's office in the counseling centre. Forms are due October 3rd and accepted students will be notified on October 4th.



District Township of Langley WAVE Opportunity @ assigned TOL firehall

Considering firefighting as an occupation? Selected students in Grades 11 and 12 have the opportunity to experience job shadowing with Township of Langley Firefighters. Students will spend ten 3-hour shifts at an assigned firehall. Application forms can be picked up from Ms. Stuive's office in the counseling centre. Limited seats. Apply now! Forms are due October 5th.

Trades Expo @ the Agriplex

On Thursday, October 19th Grades 10-12 students have the opportunity to apply to attend the Trades Expo at the Agriplex on Cloverdale Fairgrounds. This is the largest interactive trades event in all of B.C. The Field Trip will be running from 10:15 am – 12:15pm. Application forms can be picked up from Ms. Stuive's office in the counseling centre. Forms are due October 13th.

If you have any questions regarding the upcoming opportunities feel free to reach out to Ms. Stuive the Career Advisor here at LSS at Nstuive@sd35.bc.ca.





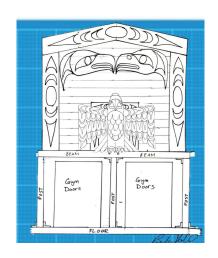


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NATIONAL DAY FOR TRUTH AND RECONCILIATION

BC First Peoples 12 students facilitated learning experiences during the week leading to Orange Shirt Day. Interactive activities using a large Canadian Floor Atlas brought understanding of residential schools. Brandon Gabriel, an indigenous artist is on site and will talk to the students in a school wide assembly scheduled in October. The artist connects his story, his family's history and his art personally to Langley Secondary. The entry to the large gym will be transformed with the powerful Thunderbird project carved out of cedar. A rendering of the project is shown below:





GRADUATION ASSESSMENTS AND REQUIREMENT:

Grade 12 Literacy Grad Assessments will take place the last week of October. These assessments are mandatory to graduate. All grade 12 students will be scheduled to write their assessments according to their last name. Schedules will be posted on the wall in front of the office the week before. The assessment will be scheduled throughout the week in either A and B block or C and D block.

LEARNING COMMONS

SORA tutorial

Please take a few minutes to view the video tutorial regarding our district digital library SORA, made by Lisa Kusick in the library learning commons to help you access this great, free resource! All you need is your district student email address and district password. The link is also available on our Team under the channel Library Learning Commons. The video is about 8 minutes long. https://youtu.be/bn1poatv3gw?si=87vJAZNL3wdXOhbJ

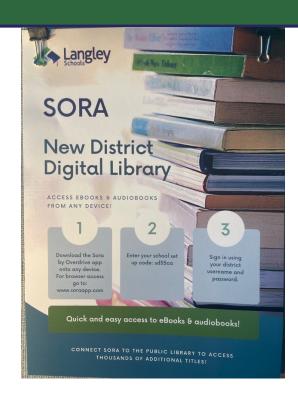








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SECONDARY LANGUAGE CHALLENGE EXAMS

Below is a summary of the Language Challenge Exam information that was sent to all Secondary counsellors this week:

Language Challenge Exams - Dates: January 27th & 28th

Application and Registration Timeline:

- September 2023 Course challenge applications, guidelines, and specifications to schools.
- November 3, 2023 Completed student applications for the challenge process due at the school level. (Please double-check to make sure all applications are complete).
- November 10, 2023 Completed student applications and cheques to Deborah Zurbuchen Jonker due at the SBO.
- November 17, 2023 All applications will be delivered to the Delta School District.
- December 8, 2023 Cancellation deadline. All requests for cancellation must be made in writing. No refunds will be issued, and no changes will be made after December 8.
- December 2023 Confirmations by email will be made. If you have not received an email by the end of December, please check your junk folder and, if needed, contact pmanuel@deltasd.bc.ca







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- January 27 and 28, 2024 Language Challenge examination dates (See schedule in the attached handbook).
- March 2024 Exam results will be mailed out to students and schools.

Here are links to the Student Application Package and Information Package for Counsellors:

Challenge-Exam-Application-Package-2024v3.pdf

FRASER HEALTH NEWS

October – Child health screenings: vision, hearing and dental

Make dental, hearing and vision checks part of a healthy routine

Health screenings help find issues early which can make treatment easier and more effective. It's important for your child to have regular eye exams and routine dental checkups. It is also important to recognize any hearing loss early as this is essential for speech and language development. Read on to learn when and how to access services for your child.

Dental

Tooth decay is the most common, but preventable, childhood chronic disease. It is important to establish good oral hygiene at a young age and have children's teeth checked by a dentist regularly. To find a local dentist near you who is accepting new patients, visit the BC Dental Association's <u>Find a Dentist database</u>. If you are a member of a low-income family and you do not have extended health coverage, there are several programs that can help you access <u>affordable dentistry for your children</u>. You can also contact the dental program at your <u>local public health unit</u> and ask about resources available in your community.

Vision

BC Doctors of Optometry recommends children receive their first eye exam when they are six to nine months old with a follow up exam at least once between the ages of two and five and then yearly once they enter school. You can find an optometrist accepting new patients near you at the College of Optometrists of British Columbia's Find an Optometrist database. In B.C., basic eye exams, one per year, are free up to the age of 18. Some optometrists may charge a small user fee of about \$35 per visit so be sure to ask about any fees before you make an appointment.

Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. It is important to recognize hearing loss early and seek out testing and treatment if needed. Fraser Health's Public Health community audiologists provide hearing services for children from birth to 19 years of age. If you have a concern about your child's hearing, referrals can be made by a parent or caregiver, a health care provider or education professional to your <u>local public health audiology (hearing) clinic</u>.

Find more information on child health screenings and how to access free vision, hearing and dental exams on Fraser Health's website: https://ow.ly/oK9z50PegZB







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DISTRICT NEWS

BC Demographic Survey Helping Identify Systemic Racism

The District is committed to diversity, equity, and inclusion and creating compassionate learning communities. We support our community partners in helping promote anti-racism and implementing strategies to help eradicate racism. The province has launched the BC Demographic Survey to help identify systemic racism in government services. The survey is available in 15 languages and takes 15 minutes. We encourage members of our community to complete the survey which closes on October 15th. Fill out the survey here. For more information, read more here.

Fair Notice Resource for Students/Families



The Langley School District is committed to a safe and supportive environment for all. Our schools take all threatening comments and behaviours seriously. Our schools follow procedures when responding to threat-making behaviour to help keep students, staff, and the community safe. The following resource here outlines what information students and families need to know in relation to how the District responds to threat-making behaviour in







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our schools. Everyone has a role in helping keep our students safe. If you have any questions or concerns, please contact your school administrator.

PARENTING ADOLESCENTS

I'm reaching out with a request for your support in sharing an email with your network. I am currently organizing an E-Connect parent group, and I believe it could greatly benefit your clientele.

The primary goal of this program is to offer valuable insights, skill development, and much-needed support to parents, all with the aim of strengthening their relationships with their children.

Program Overview: The E-Connect program is a structured 10-session manualized program delivered in a group format. It is specifically tailored to parents and caregivers who are facing the unique challenges of parenting adolescents. The program focuses on promoting parental reflective function, emotion regulation, sensitive care, and parent-child mutuality and cooperation. It introduces attachment principles that are relevant to adolescence and parenting, offering experiential and emotion-focused role-plays and reflection activities.

Key Details for the upcoming E-Connect Group:

• Start Date: Thursday, October 5th

Time: 6:00 PM - 7:30 PMFormat: Zoom (Online)

Sessions will be held every Thursday for 10 weeks, providing you with a structured and supportive environment to learn and grow as a caregiver.

Your assistance in spreading the word about this initiative would be greatly appreciated.

Kindly,

Brenda Lao | Connect Attachment Programs Supervisor

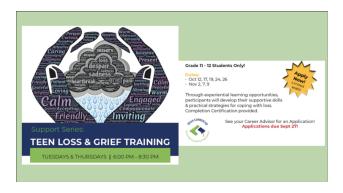
Maples Adolescent Treatment Centre həyxwət kwθə šxwhəli? leləm (Healing Spirit House) 2721 Lougheed Hwy, Coquitlam BC V3C 4J2 Tel - 604-660-5800 Direct Line - 236-468-4078







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PEACE Group Programming is launching next Tuesday, Oct 3 – 2023 from 5-7pm. Our program offers a family dinner followed by age appropriate group curriculum for kids ages 3-18. We also offer a safe space for mothers to connect and learn from other services providers in the Langley Community.

Currently we are struggling with registrations.

We know that there is a great need for the PEACE program in our community. I am writing today to ask if you may have a family to refer at this time?

The **PEACE Program** is sponsored by the BC Transition House Society and we are happy to have partnered with them to train facilitators to offer this much needed program at our Family Life Centre. We have been running this program for 2 years now and have been able to host groups in the Fall and Spring.

The PEACE program supports children and youth to:

- Understand what violence against women is, the impact that violence in the home has on children and youth, that they are not alone, and that the violence is not their fault.
- Identify support networks and develop a safety plan.
- Identify their feelings and express them in healthy ways.
- Recognize their strengths and increase their self-confidence.







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